

## HYBRID MEETINGS RECOVERY MEETINGS MEDITATION SESSIONS

The Problem Gambling Center provides a welcoming and safe environment to problem gamblers, as well as their family and friends. We offer no cost resources to help individuals quit gambling and assist in their recovery.



Office Hours Monday-Saturday 10:00am - 6:00pm



7585 W Arkansas Ave, Ste 202 Lakewood, CO 80232 303.955.4682

## **Problem Gambling Center hosts the following:**

\*HOST RECOVERY GROUPS including Gamblers Anonymous (English and Spanish) and SMART Recovery

**\*INFORMATIONAL GROUPS** offering educational materials on problem gambling and other support systems, such as free guided meditation groups

\*FINANCIAL PLANNING services for problem gamblers and their families

\*FREE MEETING SPACE available for support groups, counselors and other community partners

\*SELF-EXCLUSION voluntary program which allows persons to be removed from casino marketing lists, cancel slot club memberships, and cancel any check-cashing priveleges at casinos in Colorado

www.problemgamblingcoalitioncolorado.org